



**At the PIER  
Centre  
FREE  
No experience  
necessary**

# Song & writing workshops

**WHEN:** 13:30-15:30 7th 14th 28th November and 9th January

**COST:** FREE

**LOCATION:** PIER Centre (Patient Information and Resource Centre) at Haywood Hospital  
These workshops offer a combination of vocal exercises, group singing, percussive and rhythmic activities and creative songwriting. In recognising the many health benefits that music brings, the workshops aim to promote the wellbeing and recovery of the participants.

			
Physical difficulties	Hearing difficulties	Visual difficulties	Communication difficulties

**Next Steps**

No need to book, just turn up!

Contact [hello@frontlinedance.co.uk](mailto:hello@frontlinedance.co.uk)

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